



**Monta Vista Track & Field Team 2025**  
**Quicksilver Invitational**  
**Saturday, April 5th, 2025**

**Transportation**

YOU are responsible for arranging your transportation to Leland High School, on time!

**Location & Start**

6677 Camden Ave, San Jose, CA 95120

8:00am—scheduled meet start. Look at the schedule below to determine when you need to arrive. Ideally, you are at the meet 90 minutes before your first event is scheduled to start.

**Meet Overview**

The weather looks actually pretty amazing for this meet! However, last year we hit a lightning delay, so be prepared for anything. This is a really long meet because they run all F/S first and then run Varsity - don't think you need to spend the whole day here if you're Varsity. If you do spend a lot of time here, make sure you stay out of the sun as much as possible. Have fun with this meet! For many of us, this will be our last invite.

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**Bring your A-game!**

Weekend invitationals are a little bit different than our league meets - the focus is more on yourself as an individual. These will be opportunities to face better competition than normal and a larger variety of competition - kids you're not going to see at our league meets! Rise to the occasion and capitalize on the opportunity and you may go home with a t-shirt - or even better, a PR!

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## Monta Vista's Quicksilver Invite Entries

Name	Event	Time to Check-in
Track Events - F/S Meet		
Constantine C., Jake T., Max S., Jeffrey C., Aaryan S.	FSB 4x100	Check in by 8:00am
Naomi H., Melinda Z., Alex P., Myra M., Medha R.	FSG 1600m	Check in by 8:15am
Tarun G., Kento M., Riu Y., Sridhar S.	FSB 1600m	Check in by 8:15am
Constantine C.	FSB 65m H	Check in by 9:30am
Jeffrey C., Jonah C., Micah L.	FSB 400m	Check in by start of FSG 1600m
Aaryan S., Jake T., Micah L.	FSB 100m	Check in by start of FSG 100m H
Alex P.	FSG 800m	Check in by start of FSG 400m
Kento M., Riu Y., Tarun G., Aidan C-K., Sridhar S.	FSB 800m	Check in by start of FSG 400m
Constantine C.	FSB 300m H	Check in by start of FSG 100m
Jeffrey C., Max S., Jonah C.	FSB 200m	Check in by start of FSG 800m
Melinda Z.	FSG 3200m	Check in by start of FSG 300m H
Vikram Mallya	FSB 3200m	Check in by start of FSG 300m H
Aaryan S., Constantine C., Jeffrey C., Riu Y.	FSB 4x400m relay	Check in by start of FSG 200m
Track Events - Varsity Meet		
Anika B., Hemani K., Juliana B.	VG 1600m	Check in by start of FSG 4x4
Ryan L., Ethan Y.	VB 1600m	Check in by start of FSG 4x4
Zoe L., Raji K.	VG 100m H	Check in by start of VG1600

Katie L., Zoe L	VG 100m	Check in by start of VG 400
Jayden T., Graham I.	VB 100m	Check in by start of VG 400
Anika B.	VG 800m	Check in by start of VG 100
Tanay P., Justin Y.	VB 800m	Check in by start of VG 100
Raji K., Zoe L.	VG 300m H	Check in by start of VG 800
Katie L.	VG 200m	Check in by start of VG300h
Jayden T.	VB 200m	Check in by start of VG300h
Tanay P.	VB 3200m	Check in by start of VG 200
Katie L., Raji K., Bria S., Anika B.	VG 4x400m relay	Check in by start of 3200m
Agasthya K., Manas K., Jayden T., Tanay P.	VB 4x400m relay	Check in by start of 3200m
Field Events		
Adam A., Eddie F.	FSB Shot Put	Starts at 8:00am
Allie R., Jasmine Z., Rafaela M., Anna B.	FSG Discus Throw	
Jasmine Z.	FSG High Jump	
Eddie F., Jake T.	FSB Long Jump	
Allie R., Viha G., Jasmine Z.	FSG Triple Jump	
Allie R., Anna B.	FSG Shot Put	Starts at 10:00am
Eddie F., Adam A.	FSB Discus Throw	
Viha G., Rafaela M., Jasmine Z.	FSG Long Jump	
Eddie F.	FSB Triple Jump	
Graham I., Ranvir B.	VB Shot Put	Starts at 12:30pm
Alex S.	VG Discus Throw	
Dayo D.	VB Long Jump	

Lauren M.	VG Triple Jump	Starts at 2:30pm
Alex S.	VG Shot Put	
Graham I., Ranvir B.	VB Discus Throw	
Lauren M.	VG Long Jump	

↓ **All meet information below** ↓

[https://storage.googleapis.com/anet\\_user\\_files/meet/tf/576299/QUICKSILVER\\_2025\\_PDF.pdf](https://storage.googleapis.com/anet_user_files/meet/tf/576299/QUICKSILVER_2025_PDF.pdf)

Below are **best guesses** at the track schedule!

Frosh/Soph Girls and Boys will run all events in the morning, then they will move on to the Varsity Girls and Boys in the (late) afternoon

**\*Times below with in italics and in purple are Coach Smith's best guesses based on the actual times events started last year, overall entries, and how many heats we can expect of each event. Please be conservative and show up earlier than you think you should!!!**

## F/S Divisions

### 8:30am

4x100m Relay Girls F/S Check-in by 8:00 am

4x100m Relay Boys F/S Check-in by 8:00 am

### ~8:50am\*

1600m Girls F/S Check-in by 8:15 am

1600m Boys F/S Check-in by 8:15 am

### ~10:00am\*

100m HH Girls F/S Check-in by 8:30 am

65m HH Boys F/S Check-in by 9:30 am

**~10:15am\***

400m Girls F/S Check-in by Start of F/S 1600m

400m Boys F/S Check-in by Start of F/S 1600m

**~10:50am\***

100m Girls F/S Check-in by Start of F/S 100m HH

100m Boys F/S Check-in by Start of F/S 100m HH

**~11:30am\***

800m Girls F/S Check-in by Start of F/S 400m

800m Boys F/S Check-in by Start of F/S 400m

**~12:00pm\***

300m LH Girls F/S Check-in by Start of F/S 100m

300m IH Boys F/S Check-In by Start of F/S 100m

**~12:20pm\***

200m Girls F/S Check-In by Start of F/S 800m

200m Boys F/S Check-In by Start of F/S 800m

**~1:00pm\***

3200m Girls F/S Check-In by Start of F/S 300m LH

3200m Boys F/S Check-In by Start of F/S 300m LH

**~1:45pm\***

4x400m Relay Girls F/S Check-In by Start of F/S 200m

4x400m Relay Boys F/S Check-In by Start of F/S 200m



## Varsity Divisions

### ~2:10pm\*

4x100m Relay Girls Varsity Check-In by Start of F/S 4x400m Relay

4x100m Relay Boys Varsity Check-In by Start of F/S 4x400m Relay

### ~2:30pm\*

1600m Girls Varsity Check-In by Start of F/S 4x400m Relay

1600m Boys Varsity Check-In by Start of F/S 4x400m Relay

### ~2:55pm\*

100m HH Girls Varsity Check-in by Start of Girls Varsity 1600m

110m HH Boys Varsity Check-In by Start of Girls Varsity 1600m

### ~3:30pm\*

400m Girls Varsity Check-In by Start of Girls Varsity 100m HH

400m Boys Varsity Check-In by Start of Girls Varsity 100m HH

### ~4:00pm\*

100m Girls Varsity Check-In by Start of Girls Varsity 400m

100m Boys Varsity Check-In by Start of Girls Varsity 400m

### ~4:50pm\*

800m Girls Varsity Check-In by Start of Girls Varsity 100m

800m Boys Varsity Check-In by Start of Girls Varsity 100m

### ~5:25pm\*

300m LH Girls Varsity Check-In by Start of Girls Varsity 800m

300m IH Boys Varsity Check-In by Start of Girls Varsity 800m

**~5:50pm\***

200m Girls Varsity Check-In by Start of Girls Varsity 300m LH

200M Boys Varsity Check-In by Start of Girls Varsity 300m LH

**~6:35pm\***

3200m Girls Varsity Check-In by Start of Girls Varsity 200m

3200m Boys Varsity Check-In by Start of Girls Varsity 200m

**~7:20pm\***

4x400m Relay Girls Varsity Check-In by Start of Girls Varsity 3200m

4x400m Relay Boys Varsity Check-In by Start of Girls Varsity 3200m