



**Monta Vista Track & Field Team 2026**  
**Quicksilver Invitational**  
**Saturday, April 4th, 2026**

**Transportation**

YOU are responsible for arranging your transportation to Leland High School, on time!

**Location & Start**

6677 Camden Ave, San Jose, CA 95120

8:00am—scheduled meet start. Look at the schedule below to determine when you need to arrive. Ideally, you are at the meet **90 minutes before** your first event is estimated to start.

**Meet Overview**

The weather looks actually pretty amazing for this meet! However, it's looking pretty warm. This is a really long meet because they run all F/S first and then run Varsity - don't think you need to spend the whole day here if you're Varsity. If you do spend a lot of time here, make sure you stay out of the sun as much as possible. Have fun with this meet! For many of us, this will be our last invite.

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**Bring your A-game!**

Weekend invitationals are a little bit different than our league dual meets - the focus is more on yourself as an individual. These will be opportunities to face better competition than normal and a larger variety of competition - kids you're not going to see at our league meets! Rise to the occasion and capitalize on the opportunity and you may go home with a medal - or even better, a PR!

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**Monta Vista's Quicksilver Invite Entries**  
*Live Results*

Name	Event	Time to Check-in	Est. Event Time
Track Events - F/S Meet			
Ellie Kong, Sarah Kumar, Mya Vu, Caroline Labudde	FSG 4x100	Check in by 8:00am	8:30am
Evan Chen, Jeffrey Choy, Aaryan Samanta, Carter Miller	FSB 4x100	Check in by 8:00am	~8:40am
Taylor Orr Myra Mishra Medha Rustagi	FSG 1600m	Check in by 8:15am	~8:55am
Riu Yamada Tarun Gandhi Sam Heinonen Ritik Shenoy Aiden White Darin Young Akshat Ambekar Oliver Perrault	FSB 1600m	Check in by 8:15am	~9:15am
Ellie Kong	FSG 100m H	Check in by 8:30am	~10:05am
Vishakha Shastri Sarah Kumar	FSG 400m	Check in before FSG 1600m	~10:20am
Aaryan Samanta	FSB 400m	Check in before FSG 1600m	~10:35am
Mya Vu Caroline Labudde Nishi Doshi	FSG 100m	Check in before FSG 100m H	~10:55am
Jeffrey Choy Carter Miller	FSB 100m	Check in before FSG 100m H	~11:15am
Vishakha Shastri Sophia Li Sarah Kumar	FSG 800m	Check in before FSG 400m	~11:40am

Riu Yamada Tarun Gandhi Sam Heinonen	FSB 800m	Check in before FSG 400m	~12:00pm
Jeffrey Choy Aaryan Samanta	FSB 200m	Check in before FSG 800m	~12:50pm
Melinda Zhao Kaitlyn Lum Alex Perrault	FSG 3200m	Check in before FSG 300m H	~1:15pm
Vikram Mallya	FSB 3200m	Check in before FSG 300m H	~1:50pm
Vishakha Shastri, Sophia Li, Taylor Orr, Evie Hufnagel  <i>Alt: Myra Mishra, Sarah Kumar</i>	FSG 4x400	Check in before FSG 200m	~2:00pm
Aaryan Samanta, Sam Heinonen, Riu Yamada, Jeffrey Choy	FSB 4x400	Check in before FSG 200m	~2:05pm
Track Events - Varsity Meet			
Jake Tong, Constantine Chua, Max Shaykin, Jayden Tang  <i>Alt: Richie Yu</i>	VB 4x100	Check in before FSG 4x400	~2:20pm
Naomi Hsu	VG 1600m	Check in before FSG 4x400	~2:25pm
Aidan Cushman-Kihnley	VB 1600m	Check in before FSG 4x400	~2:55pm
Constantine Chua	VB 110m H	Check in before VG 1600m	~3:45pm

Jayden Tang Max Shaykin Jake Tong Richie Yu	VB 100m	Check in before VG 400m	~4:50pm
Jonah Chang	VB 400m	Check in before VG 100m H	~5:10pm
Constantine Chua	VB 300m H	Check in before VG 800	~5:50pm
Jayden Tang Max Shaykin Jonah Chang Richie Yu	VB 200m	Check in before VG 300m H	~6:20pm
Suhani Pahuja Miranda Hsu	VG 3200m	Check in before VG 200m	~6:45pm
Field Events			
Nishi Doshi	FSG Discus Throw	Check in by 7:30am	8:00am
Mya Vu	FSG High Jump		
Adam Yang	FSB Long Jump		
Ellie Kong	FSG Triple Jump		
Ritika Sane	FSG Shot Put	Check in by 9:30am	10:00am
Caroline Labudde	FSG Long Jump		
Adam Yang	FSB Triple Jump		
Eddie Fan	VB Shot Put	Check in by 12:00pm	12:30pm
Allie Rummelhoff Alex Sharma Jasmine Zhao Rafaela Maglaque	VG Discus Throw		
Dayo Davies Adarsh Inampudi Jake Tong	VB Long Jump		

Jasmine Zhao	VG High Jump		
Allie Rummelhoff Lauren Moore	VG Triple Jump		
Alex Sharma	VG Shot Put	Check in by 2:00pm	2:30pm
Eddie Fan	VB Discus Throw		
Allie Rummelhoff Jasmine Zhao Rafaela Maglaque	VG Long Jump		
Adarsh Inampudi	VB Triple Jump		

↓ **All meet information below** ↓

## Quicksilver 2026 Meet Info Packet

Below are Coach Smith's ***best guesses*** at the track schedule!

Frosh/Soph Girls and Boys will run all events in the morning, then they will move on to the Varsity Girls and Boys in the (late) afternoon

**\*Times below with in italics and in purple are Coach Smith's best guesses based on the actual times events started over the last couple of years, overall entries, and how many heats we can expect of each event. Please be conservative and show up earlier than you think you should!!!**

### F/S Divisions

#### **8:30am**

4x100m Relay Girls F/S Check-in by 8:00 am

4x100m Relay Boys F/S Check-in by 8:00 am

#### ***~8:55am\****

1600m Girls F/S Check-in by 8:15 am

1600m Boys F/S Check-in by 8:15 am

#### ***~10:05am\****

100m HH Girls F/S Check-in by 8:30 am

65m HH Boys F/S Check-in by 9:30 am

#### ***~10:20am\****

400m Girls F/S Check-in by Start of F/S 1600m

400m Boys F/S Check-in by Start of F/S 1600m

**~10:55am\***

100m Girls F/S Check-in by Start of F/S 100m HH

100m Boys F/S Check-in by Start of F/S 100m HH

**~11:40am\***

800m Girls F/S Check-in by Start of F/S 400m

800m Boys F/S Check-in by Start of F/S 400m

**~12:15pm\***

300m LH Girls F/S Check-in by Start of F/S 100m

300m IH Boys F/S Check-In by Start of F/S 100m

**~12:30pm\***

200m Girls F/S Check-In by Start of F/S 800m

200m Boys F/S Check-In by Start of F/S 800m

**~1:15pm\***

3200m Girls F/S Check-In by Start of F/S 300m LH

3200m Boys F/S Check-In by Start of F/S 300m LH

**~1:45pm\***

4x400m Relay Girls F/S Check-In by Start of F/S 200m

4x400m Relay Boys F/S Check-In by Start of F/S 200m

## Varsity Divisions

**~2:20pm\***

4x100m Relay Girls Varsity Check-In by Start of F/S 4x400m Relay

4x100m Relay Boys Varsity Check-In by Start of F/S 4x400m Relay

**~2:30pm\***

1600m Girls Varsity Check-In by Start of F/S 4x400m Relay

1600m Boys Varsity Check-In by Start of F/S 4x400m Relay

**~2:55pm\***

100m HH Girls Varsity Check-in by Start of Girls Varsity 1600m

110m HH Boys Varsity Check-In by Start of Girls Varsity 1600m

**~3:30pm\***

400m Girls Varsity Check-In by Start of Girls Varsity 100m HH

400m Boys Varsity Check-In by Start of Girls Varsity 100m HH

**~4:00pm\***

100m Girls Varsity Check-In by Start of Girls Varsity 400m

100m Boys Varsity Check-In by Start of Girls Varsity 400m

**~4:50pm\***

800m Girls Varsity Check-In by Start of Girls Varsity 100m

800m Boys Varsity Check-In by Start of Girls Varsity 100m

**~5:25pm\***

300m LH Girls Varsity Check-In by Start of Girls Varsity 800m

300m IH Boys Varsity Check-In by Start of Girls Varsity 800m

**~5:50pm\***

200m Girls Varsity Check-In by Start of Girls Varsity 300m LH

200M Boys Varsity Check-In by Start of Girls Varsity 300m LH

**~7:00pm\***

3200m Girls Varsity Check-In by Start of Girls Varsity 200m

3200m Boys Varsity Check-In by Start of Girls Varsity 200m

**~7:40pm\***

4x400m Relay Girls Varsity Check-In by Start of Girls Varsity 3200m

4x400m Relay Boys Varsity Check-In by Start of Girls Varsity 3200m

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**GENERAL INFORMATION:**

- Award medals to 1-2-3-4-5-6 place finishers in ALL 4 DIVISIONS Including Relays.
- Admission: Adult \$5.00 Students \$2.00
- Finish Lynx timing system on the finish line, all weather track and runways
- Lane assignments will be seeded by best times and marks - Slow to Fast Heats – all races run as finals. Final placement will be determined by time.
- Athletic Trainer will be available at the meet
- T-Shirts For Sale
- Programs For Sale (\$2)
- Concession stand will be open

## **MEET POLICIES for Athletes and Coaches:**

1. All athletes in running events must check in 40 minutes prior to the start of their event so that we will be able to set up and condense heats (seed on the fly). Athletes NOT checked in will be scratched from their event. Athletes must report back 15 minutes prior to the start of their event for heat, lane assignments and hip numbers.
2. All field event athletes must check in 30 minutes prior to the start of their event so flights may be established. Athletes NOT checked in will be scratched from their event. Each VARSITY athlete will receive 4 attempts in the Shot, Discus, Long Jump, and Triple Jump. Each Frosh-Soph athlete will receive 3 attempts in the Shot, Discus, Long Jump, and Triple Jump.
3. All running events will be final.
4. All warm ups should take place on the turf adjacent to the Discus area, NOT INSIDE the STADIUM.