MONTA VISTA CONCUSSION PROTOCOL/TEST INSTRUCTIONS

ALL athletes need to visit: http://app.xlntbrain.com/enter_code

and set up their account.

     A. From there, you will be prompted to enter a code. The code for all MV athletes is:

       monta vista hs athlete (include all 4 words and spaces)

     B. Register for the sport you plan to play and then take the online baseline concussion test. It   takes about 35 minutes to complete. You will need privacy and a steady online connection. Please take this test seriously as it will be used as your baseline to evaluate possible concussion symptoms in the event of an injury. If this test is not completed prior to the start of your season, you will be held out of all live contact until it is done and logged.